



# Spiral Stabilization

## Spiralstabilisation

### Spirální stabilizace

# CERTIFICATE

Course in the Spiral stabilization of the spine method  
6 A, 6 B + C

## Vertebrovisceral relations

**Cervicocranial syndrome** - headaches, cervicogenic vertigo

**Cardiovascular system, pulmonary system, netabolic syndrome**

**Urogenital system** - functional sterility, chronic inflammations, impotence, incontinence

*Spiralstabilization  
of the spine  
Exercise for your spine*

From 2.10.2021 to 7.10.2021

certified Mr./Mrs. 林美玲 LIN MEI LING .....the course of SPS Method.

The course was online taughtd by Richard Smíšek M.D.

Hangzhou city the 7.10.2021

