



Spiral Stabilization

Spiralstabilisation

Spirální stabilizace

CERTIFICATE

Course in the Spiral stabilisation of the spine method
3 A + B

Scoliosis therapy

Exercise

main treatment movement program
traction and centering of the spine

Manual Therapy

an important auxiliary method during mobility
treatment



*Spiralstabilization
of the spine
Exercise for your spine*

From 19.10.2021 to 24.10.2021

certified Mr./Mrs. 邹小玲 ZOUR XIAO LINGthe course of SPS Method.
Scoliosis therapy.

The course was taught by Richard Smíšek M.D.

Hangzhou city the 24.10.2021