



# Spiral Stabilization

## Spiralstabilisation

### Spirální stabilizace

# CERTIFICATE

Course in the Spiral stabilization of the spine method  
3A+B

## Scoliosis therapy

### Exercise

main treatment movement program  
traction and centering of the spine

### Manual Therapy

an important auxiliary method during mobility  
treatment

*Spiralstabilization  
of the spine  
Exercise for your spine*

From 18.08.2022 to 21.08.2022

certified Mr./Mrs. 利仪湘 VICKY .....the course of SPS Method.  
Scoliosis therapy.

The course was taught by Richard Smíšek M.D.

Ningbo city the 21.08.2022

 **Fitech**  
非 忒 克 · 环 球