



Spiral Stabilization

Spiralstabilisation

Spirální stabilizace

CERTIFICATE

Course in the Spiral stabilisation of the spine method
5 A + B (32 teaching hours)

Scoliosis therapy

Exercise

main treatment movement program
traction and centering of the spine

Manual Therapy

an important auxiliary method during mobility
treatment

*Spiralstabilization
of the spine
Exercise for your spine*

From 23.10.2023 to 26.10.2023

certified Mr./Mrs. 杨青 YangQingthe course of SPS Method.

Scoliosis therapy.
32 teaching hours

The course was taught online by Vladimír Štaffa M.D.

Prague city 26/10/2023